

Components of a 1:1

Relational - 20 minutes | Build trust, friendship, and love them.

Common starters:

How is school? How is your family? What is it like living away from family? What do you think of your major? What has been hard this week?

Content - 20 minutes - Bring information/topic that encourages maturity & spiritual growth.

Common starters:

Prepare to talk on a topic with biblical references. See other topics of 1:1's for assistance in the content section.

Accountability - 20 minutes - Ask hard, specific questions to get honest, specific answers.

Common starters:

What are you reading? What have you been praying for? Have you been worshiping in private? Have you been struggling in purity (either privately or with someone)? What are you struggling with spiritually right now? What is something you don't want to tell me but know you need to?